



TEKNIKKARALLI

All of our swimming teachers have completed the Finnish Swimming Teaching and Lifesaving Federation's (FSL) swimming teacher's degree. Uimaseura Aquila ry has a group accident insurance that covers all of our swimming schools and courses.

NOTICE!

All questions related to tekniikkaralli to Uimaseura Aquila's email: uimakoulut@uimaseura-aquila.fi. This way we can ensure you a quick response.

Before enrolling, take your time to carefully read the guidelines listed below.

WHAT IS "TEKNIKKARALLI"?

Tekniikkaralli is a versatile swimming course in the big pool targeted to children. In a fun, yet challenging way children learn the basics of competitive swimming and further their swimming abilities.

Children will be taught competitive swimming strokes: butterfly stroke, backstroke, breaststroke and freestyle. Children will also learn versatile abilities of competitive swimming, such as starts, turns and swimmers etiquette.

WHO IS TEKNIKKARALLI TARGETED TO?

Tekniikkaralli is targeted to children **over 5 years-old**, who already have the ability to swim **100 meters (25m on their back)**. **In addition, the child must be able to act independently without the presence of a guardian.**

As body control is one of the main goals in tekniikkaralli, this course fits excellently to all children – not just those who swim as their hobby.

Tekniikkaralli begins with a swim test, after which the participants are divided into small groups by skill level – please note that these group divisions **do not necessarily follow the participants' age. These groups may change during the course.**

NOTICE! Aquila's courses are Finnish-speaking!



ENROLLMENT

You can enroll in tekniikkaralli via Uimaseura Aquila's MyClub -platform, at:

<https://uimaseura-aquila.myclub.fi/flow/events/public>

You can create accounts into the MyClub -platform only after enrollment opens.

Please notice that in MyClub, every child is enrolled individually with their own personal account. If you're enrolling more than one child for tekniikkaralli, **make every child their personal account.**

Remember: tekniikkaralli's age limits and requirements are absolute.

In additional information, remember to mention any factors that might affect your health or learning during the course.

NOTICE! Add in your own phone number. This way we can ensure quick communication in sudden situations, such as cancelations.

A step-by-step guide for enrollment can be found in another file.

PAYMENTS

Payments are paid **directly** upon enrolling via an online bank service.

NOTICE! If the payment isn't made within one (1) hour of enrolling, the place is not reserved and is freed to the next enroller.

TERMS OF CANCELATION

Tekniikkaralli can be canceled one week (7 days) prior to the beginning of the course. The payment will be returned minus a 5 euro service fee.

Tekniikkaralli cannot be canceled less than a week (7 days) prior to the beginning of the course. An uncanceled tekniikkaralli will be charged full.



If a lesson needs to be skipped or the course needs to be completely canceled due to sickness or injury, the unused lessons will be reimbursed – **a medical certificate is required.**

Uimaseura Aquila ry only reimburses the lessons that are covered by the duration of the medical certificate. A canceled tekniikkaralli cannot be rescheduled.

Cancellations only via email: uimakoulut@uimaseura-aquila.fi

ENTIRELY CANCELED COURSE

If tekniikkaralli is not organized for some reason, we will notify the enrollers before the course's start via email. In this case, payments will be returned full.

GROUP INSURANCE

Uimaseura Aquila ry insures every child participating in tekniikkaralli with "Vesipeto-harrastepassi" -group insurance. The group insurance is included in the course price.

For insurance, we need the information listed below:

- **Child's full name**
- **Child's social security number / personal identity code**
- **Child's address, postcode and city / municipality**
- **Guardian's full name**
- **Guardian's email address**
- **Guardian's phone number**

Make sure to fill in this information while enrolling!

If you want to participate in tekniikkaralli with your own insurance, a copy of your insurance must be provided before the course begins to: uimakoulut@uimaseura-aquila.fi

ADDITIONAL INFORMATION

Fill in "permission to photograph" carefully when enrolling: you can follow the progress of the course on our Instagram page @uimaseura_aquila.

Tekniikkaralli begins with taking attendance outside and ends when children are returned to the same place. **The guardian has to be present during returns.** If the guardian is late, our personnel will stay and wait with the child for the guardian to arrive.

The swimming hall is closed to the public during the lessons. Our personnel wait by the front doors until tekniikkaralli begins. After this, the doors are closed.



Guardians are not allowed inside the swimming hall during the lessons. During the last “presentation lesson”, guardians are welcome inside.

If the child can **independently** come and go from the lessons, **fill in “kyllä” (yes) for “lupa itsenäiseen liikkumiseen” when enrolling.** If you haven’t filled in “kyllä”, the child will wait for their guardian after the lesson to ensure safety.

A child will need a swimsuit, swim goggles, towel, a small sauna towel and personal hygiene products. A swimming cap is optional. We recommend tying longer hair up.

For further information, contact uimakoulut@uimaseura-aquila.fi