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## MERMAID SWIMMING

Before enrolling, take your time to carefully read the guidelines listed below. By enrolling, you agree to the terms and service description listed below.

All of our swimming teachers have completed the Finnish Swimming Teaching and Lifesaving Federation's (FSL) swimming teacher's degree. Uimaseura Aquila ry has a group accident insurance that covers our lessons for children.

**NB!** All questions and notices related to mermaid swimming to [uimakoulut@uimaseura-aquila.fi](mailto:uimakoulut@uimaseura-aquila.fi). This way we can ensure you a quick response.

### WHAT IS MERMAID SWIMMING?

**Minimum age 5 years** at the beginning of the lesson.

Mermaid swimming requires strong swimming skills and good body control in the water. For safety, participants must **be able to swim 100 meters continuously**.

In mermaid swimming, participants practice swimming skills using a monofin and a mermaid tail fabric. The lessons include various diving tasks and games that help children or youth improve their water skills in a fun and engaging way. The lessons also focus on strengthening body control and introducing the dolphin kick, which is essential for mermaid swimming.

## 1. Enrollment

You can enroll for a lesson via Uimaseura Aquila's MyClub -platform, at <https://uimaseura-aquila.myclub.fi/flow/events/public>

You can create accounts into the MyClub -platform only after enrollment opens.

In additional information, remember to mention any factors that might affect health or learning during a private lesson.

Add in your own phone number. This way we can ensure quick communication in sudden situations, such as illness or cancelations.

A step-by-step guide for enrollment can be found in another file.

## 2. Payments

Payments are paid directly upon enrolling via an online bank service.

**NB.** If the payment isn't made within one (1) hour of enrolling, **the place is not reserved and is freed to the next enroller.**

### 3. Terms of cancelation and amendment

A lesson can be canceled or exchanged seven (7) days prior to the lesson. In cancelations, the payment will be returned minus a 5 euro service fee. The lesson can only be exchanged if another lesson has room for exchange.

A lesson cannot be canceled or exchanged less than seven (7) days prior to the lesson. An uncanceled lesson will be charged full.

If a lesson needs to be canceled due to sickness or injury, an unused lesson can be reimbursed – a medical certificate is required. **Uimaseura Aquila only reimburses the lessons that are covered by the duration of the medical certificate.**

A canceled lesson cannot be rescheduled.

**Cancelations only via email [uimakoulut@uimaseura-aquila.fi](mailto:uimakoulut@uimaseura-aquila.fi). Cancelations made through other means are not valid.**

If an enrollee or participant does not comply with the terms, or causes disturbances or safety risks through their behavior, the lesson can be terminated immediately without any obligation to reimburse the payment.

#### CANCELATION OF A LESSON

If a lesson must be canceled due to reasons beyond the control of Uimaseura Aquila, such as a pool malfunction or hygiene incident, Uimaseura Aquila is not obliged to refund the payment for the lesson.

If Uimaseura Aquila has to cancel the lesson, the full course payment will be refunded. Enrollees will be informed of any cancelations as soon as possible via email.

### 4. Guidelines for mermaid swimming

The lesson begins with taking attendance outside and ends when the child/youngster is returned to the same place. **A guardian has to be present during returns.** If a guardian is late, our personnel will stay and wait with the child for a guardian to arrive.

If the child can **independently** come and go from the lesson, fill in “kyllä” (yes) for “lupa itsenäiseen liikkumiseen” when enrolling. If you haven’t filled in “kyllä”, the child will wait for their guardian after the lesson to ensure safety.

The participant will need **a swimsuit, towel, a small sauna towel and personal hygiene products. Goggles and caps** are optional. We recommend tying longer hair up.

During the summers, the swim teacher is assisted by a swim assistant that looks after the child in the changing room and showers.

The changing room depends on the gender of the swim assistant or swim teacher. A swim schooler can go to the other changing room independently. The swim assistant or teacher must be informed about this arrangement at the beginning of the lesson. **Uimaseura Aquila ry does not arrange an assistant to the other changing room.**

A guardian can go swimming during the lesson by buying a ticket at the cash register or using their own wristband-ticket. **A guardian can not enter the pool area without paying an entry fee** (a single ticket or own wristband-ticket).

We wish that children can learn without distractions – guardians that are present need to offer the children room to focus. **A guardian cannot stay in the pool with the child during the lesson.**

**The child must be able to act independently without the presence of a guardian.**

**For further information, contact [uimakoulut@uimaseura-aquila.fi](mailto:uimakoulut@uimaseura-aquila.fi)**

**Uimaseura Aquila ry reserves the right to make changes.**