

VESIRALLI

In addition to monthly-fee-based Vesiralli, the following guidelines and terms also apply to Summer-Vesiralli. By enrolling, you agree to the terms and service description listed below.

Our Vesiralli instructors have completed the Finnish Swimming Teaching and Lifesaving Federation's (FSL) swimming instructor's degree. Uimaseura Aquila ry insures monthly-fee-based participants with the Finnish Swimming Federation's (FSF) Vesipeto-harrastepassi -group insurance. Participants in Summer-Vesiralli are covered by Uimaseura Aquila ry's group accident insurance.

NB! All questions and notices related to Vesiralli to **uimakoulut@uimaseura-aquila.fi**. This way we can ensure you a quick response.

NB! Aquila's courses are Finnish-speaking.

1. Ability groups

Vesiralli has four ability groups:

Please note that we may transfer your child to a different ability group if their current swimming ability better aligns with the requirements of another group.

• PIKKU-VESIRALLI: "Little Vesiralli"

Pikku-Vesiralli (ENG. "Little Vesiralli") is suitable for **children aged 5 to 10** who are able to swim **10 meters continuously**. This group trains **mainly in the shallow learning and therapy pools**. In addition, the child must be able to participate independently without the presence of a guardian.

Pikku-Vesiralli focuses on building confidence and movement in the water – through play-based activities.

• VESIRALLI #1

Vesiralli #1 is suitable for **children aged 5 to 12** who have the ability to swim **25 meters continuously** both on their back and front. This group trains **mainly in the deep pool**. In addition, the child must be able to participate independently without the presence of a guardian.

Vesiralli #1 focuses on developing confidence in water and body control through a variety of exercises. The main swimming styles practiced are freestyle and backstroke, with an introduction to breaststroke and butterfly as well.





• VESIRALLI #2

Vesiralli #2 is suitable for **children aged 5 to 12** who have the ability to swim **50 meters continuously** both on their back and front. This group trains **in the deep pool**. In addition, the child must be able to participate independently without the presence of a guardian.

Vesiralli #2 focuses on strengthening previously learned skills and building a strong foundation in all swimming strokes, not forgetting glides, turns, and starts.

• VESIRALLI#3

Vesiralli #3 is suitable for **children aged 7 to 12 who already have some experience in swimming as a hobby**. This experience may come from Vesiralli, the previous "Tekniikkaralli", Kilpauintikoulu or a recreational swim group. In addition, the child must be able to participate independently without the presence of a guardian.

In Vesiralli #3, swimmers can cover **hundreds of meters** during each one-hour session. Swimmers are expected to have **basic skills in all four swimming strokes**. From this group, it is possible to transition to a competitive swim group, if the hobby becomes more goal-oriented.

2. Why choose Vesiralli?

Vesiralli is a compehensive swimming course designed for children. Vesiralli introduces the fundamentals of all swimming strokes and basic competitive swimming skills in a fun, yet challenging way. At its core, Vesiralli aims to build a strong and versatile foundation in swimming. Vesiralli focuses on improving confidence and body control in the water and overall swimming ability.

As body control is one of the main targets in Vesiralli, it fits excellently to all children – not just those who aim to swim competitively. The skills learned in Vesiralli support physical abilities needed in many other sports as well.

3. Enrollment

Enrollment for Vesiralli groups via Uimaseura Aquila's MyClub-platform, at: https://uimaseura-aquila.myclub.fi/flow/events/public

You can create accounts into the MyClub-platform only after enrollment opens.

On MyClub, every child is enrolled individually with **their own personal account**. If you're enrolling more than one child for Vesiralli, make every child their own personal account.

Remember: the groups' minimum age limits and requirements are absolute.



Uimaseura Aquila ry Puistotie 9-11, 48100 Kotka info@uimaseura-aquila.fi 044 989 0498

In additional information, remember to mention any factors that might affect the child's health or learning during the Vesiralli.

NB! Add the guardian's own phone number. This way we can ensure quick communication in sudden situations, such as illness or cancelations.

A step-by-step guide for enrollment can be found in another file at https://uimaseura-aguila.fi/fi/lapsille/uimakoulut.

4. Billing and payments

Monthly-fee-based Vesiralli

The monthly payment for Vesiralli is sent once a month as a bill to the email provided in enrollment. The billing cycle for Vesiralli is one (1) calendar month. The terms of the bill are detailed in the email that contains the bill.

Summer-Vesiralli

In Summer-Vesiralli, the payments are paid directly upon enrolling via an online bank service.

NB. If the payment isn't made within one (1) hour of enrolling, the place is not reserved and is freed to the next enroller.

5. Terms of cancelation and amendment

Monthly-fee-based Vesiralli

Vesiralli's monthly payment will be billed (see 4. Billing and payments), if the Vesiralli has not been canceled.

You can cancel Vesiralli at any time. The cancellation will become effective at the end of the current billing cycle (1 calendar month). The current calendar month will be billed, so you can still participate in Vesiralli until the end of the calendar month. The next calendar month will no longer be billed.

If lessons are canceled for the duration of a billing cycle (1 calendar month) or for longer, or the Vesiralli completely canceled due to sickness or injury, the unused lessons can be reimbursed – a medical certificate is required. Uimaseura Aquila ry only reimburses the lessons that are covered by the duration of the medical certificate.

A canceled swim school cannot be rescheduled.

Cancelations only via email <u>uimakoulut@uimaseura-aquila.fi</u>. Cancelations made through other means are not valid.





If an enrollee or participant does not comply with the terms, or causes disturbances or safety risks through their behavior, the Vesiralli can be terminated immediately without any obligation to reimburse the payment.

Summer-Vesiralli

A Summer-Vesiralli can be canceled or exchanged seven (7) days prior to the beginning of the first or only lesson. In cancelations, the payment will be returned minus a 5 euro service fee. The Summer-Vesiralli can only be exchanged if another Summer-Vesiralli has room for exchange.

A Summer-Vesiralli cannot be canceled or exchanged less than seven (7) days prior to the beginning of the first lesson. An uncanceled Summer-Vesiralli will be charged full.

If a lesson needs to be skipped or the Summer-Vesiralli needs to be completely canceled due to sickness or injury, the unused lessons can be reimbursed – a medical certificate is required. Uimaseura Aquila only reimburses the lessons that are covered by the duration of the medical certificate.

A canceled Summer-Vesiralli cannot be rescheduled.

Cancelations only via email <u>uimakoulut@uimaseura-aquila.fi</u>. Cancelations made through other means are not valid.

If an enrollee or participant does not comply with the terms, or causes disturbances or safety risks through their behavior, the Summer-Vesiralli can be terminated immediately without any obligation to reimburse the payment.

5.1 CANCELATION OF VESIRALLI

If a lesson or the course must be canceled due to reasons beyond the control of Uimaseura Aquila, such as a pool malfunction or hygiene incident, Uimaseura Aquila is not obliged to refund the payment for the lesson or course.

If Uimaseura Aquila has to cancel the swim course, the full course fee or monthly payment will be refunded. If Uimaseura Aquila has to cancel the swim course after it has begun, the course fee will be refunded for the remaining lessons.

In the case of monthly fees, if Uimaseura Aquila has to cancel lessons for the duration of a billing cycle (1 calendar month), the monthly payment will be refunded. For shorter cancelations, we will notify the enrollee of the compensation policy as soon as possible.

Enrollees will be informed of any cancelations as soon as possible via email.





6. Group insurance

Monthly-fee-based Vesiralli

Uimaseura Aquila ry insures every child participating in monthly-fee-based Vesiralli with FSF's "Vesipeto-harrastepassi" -group insurance. The group insurance is included in the monthly payment.

For group insurance, we require the information listed below:

- Child's full name
- Child's social security number / personal identity code
- Child's address, postcode and city / municipality
- Guardian's full name
- Guardian's email address
- Guardian's phone number

This information will need to be provided while enrolling to MyClub. If this information is not provided before the first lesson, the participant will participate with their own insurance.

If you want to participate in Vesiralli with your own insurance, a copy of your insurance must be provided before the first lesson to <u>uimakoulut@uimaseura-aquila.fi</u>. A copy must be on hand for the first lesson.

Summer-Vesiralli

The participants of Summer-Vesiralli are not insured with "Vesiralli-harrastepassi" -group insurance. Participants in Summer-Vesiralli are covered by Uimaseura Aquila ry's group accident insurance.

7. Guidelines for Vesiralli

The swimming hall is closed to the public during the lessons. Our personnel wait by the front doors until Vesiralli begins. After this, the doors are closed.

Vesiralli begins with taking attendance outside and ends when children are returned to the same place. A guardian has to be present during returns. If a guardian is late, our personnel will stay and wait with the child for their guardian to arrive.

If the child can independently come and go from the lessons, fill in "kyllä" (yes) for "lupa itsenäiseen liikkumiseen" when enrolling. If you haven't filled in "kyllä", the child will wait for their guardian after the lesson to ensure safety.

Guardians are not allowed inside the swimming hall during the lessons. For any possible "presentation lessons" guardians are informed via email.

A participant will need a swimsuit, swim goggles, towel, a small sauna towel and personal hygiene products. A swimming cap is optional. We recommend tying longer hair up.





Fill in "permission to photograph" carefully when enrolling: you can follow the progress of the course on our Instagram page @uimaseura_aquila.

For further information, contact uimakoulut@uimaseura-aquila.fi

Uimaseura Aquila ry reserves the right to make changes.