

SWIM SCHOOLS

NB! Aquila's courses are Finnish-speaking.

All questions and notices related to swim schools to uimakoulut@uimaseura-aquila.fi. This way we can ensure you a quick response.

In addition to course-based swim schools, the following guidelines and terms also apply to one-time swim school lessons.

By enrolling, you agree to the terms and service description listed below.

All of our swimming teachers have completed the Finnish Swimming Teaching and Lifesaving Federation's (FSL) swimming teacher's degree. Uimaseura Aquila ry has a group accident insurance that covers our swim schools.

1. Before enrollment

Before you enroll a child to swim school, get to know their abilities in a water environment – go swimming in advance.

Familiarize yourself with the ability groups' descriptions - a child learns best with children that are at a similar skill level. In an ability group that's too demanding, children can get frustrated and swimming might become unpleasant.

Do not over- or underestimate the child's skill set when choosing an ability group!

We hope that children maintain these skills after swim school: going to a higher ability group will be easier.

ABILITY GROUPS

The child must be able to act independently **without the presence of a guardian.**

Every child has individual goals. The ones mentioned below are maximum goals.

<p>Kid group - “Tenavat / Tenavaryhmä”</p> <p>Children who are wary of water also belong to this group. Targeted to children that do not have the ability to swim. This group focuses on getting children comfortable in water and creating a strong foundation for swimming. This group trains in the shallow learning pool.</p>	<p>Beginner group - “Alkeet / Alkeisryhmä”</p> <p>Targeted to children that do not have the ability to swim. Before joining, it is recommended that the child is comfortable with having their face in the water. This group focuses on the basics of swimming: gaining the ability to swim 10 meters on their back or face down. The goal is to earn the Beginner’s badge. This group trains mainly in the shallow learning pool.</p>
<p>Continuation group - “Jatko / Jatkoryhmä”</p> <p>Entry requirement: the ability to swim 10 meters. For example, those who have earned the Beginner’s badge belong to this group. This group focuses on gaining the ability to swim 50 meters with the correct technique & earning different distance / skill badges. This group trains mainly in the deep pool.</p>	<p>Advanced group - “Suoritus / Suoritusryhmä”</p> <p>Entry requirement: the ability to swim 50 meters. This group is targeted to children aiming to improve their swim ability – correct technique as well as versatile swimming ability. This group focuses on earning Proficiency, Bachelor, Master and / or Primus Master badges and distance badges. This group trains in the deep pool.</p>

The minimum age for each group will be specified at the time of enrollment.

The groups’ age limits and requirements are absolute.

Swim badges (The Finnish Swimming Teaching and Lifesaving Federation, FSL):
<https://suh.fi/toiminta/uimaopetus/uintimerkit/> (In Finnish)

2. Enrollment

Enrollment for swim school groups via Uimaseura Aquila’s MyClub-platform, at:
<https://uimaseura-aquila.myclub.fi/flow/events/public>

You can register in the system in advance before the enrollment begins by selecting “REKISTERÖITYMINEN”. We recommend doing this ahead of time so that the enrollment process itself is quick and smooth. Please fill in all information accurately.

On MyClub, every child is enrolled individually with **their own personal account**. If you’re enrolling more than one child for swim schools, make every child their own personal account.

Remember: **the groups’ age limits and requirements are absolute.**

During registration, please provide any additional information about factors that may affect the child’s learning, as well as any health-related matters that the swimming instructor or assistant should be aware of.

Make sure to add the parent’s own phone number in the “*mobile phone*” field. This ensures we can communicate quickly in urgent situations, such as illness or class cancellations.

As part of registration, we ask for permission for the child to move independently to and from the swimming hall. If the child does not have permission to do so, or if the field is left empty, the instructor will wait with the child in the swimming hall lobby for the parent. If the instructor needs to attend to other tasks, the swimming hall’s front desk staff will assist to ensure the child’s safety.

Although the group practices some independent activity in the swimming hall environment, our instructors are always available to support and assist the children. The child should still be able to participate without the parent being present to ensure smooth participation in the group.

By enrolling, you accept the course terms and agree to comply with them.

3. Payments

Payments are paid directly upon enrolling via an online bank service.

**If the payment isn’t made within one (1) hour of enrolling,
the place is not reserved and is freed to the next enroller.**

The price of the course will be provided at the time of enrollment. You may also choose to pay an optional support fee of 5 euros during payment. Support fees are used to develop Uimaseura Aquila’s course activities.

4. Terms of cancelation and amendment

A swim school can be canceled or exchanged seven (7) days prior to the beginning of the first or only lesson.

In cancelations, the payment will be returned minus a 5 euro service fee.

The swim school can only be exchanged if another swim school has room for exchange.

A swim school cannot be canceled or exchanged less than seven (7) days prior to the beginning of the first or only lesson. An uncanceled swim school will be charged full.

If a lesson needs to be skipped or the course needs to be completely canceled due to sickness or injury, the unused lessons can be reimbursed – a medical certificate is required. **Uimaseura Aquila ry only reimburses the lessons that are covered by the duration of the medical certificate.**

A canceled swim school cannot be rescheduled.

**Cancelations only via email uimakoulut@uimaseura-aquila.fi.
Cancelations made through other means are not valid.**

When canceling, please provide the necessary documents (e.g. medical certificate) as well as the bank account number to which any refund should be transferred.

If an enrollee or participant does not comply with the terms, or causes disturbances or safety risks through their behavior, the swim school can be terminated immediately without any obligation to reimburse the payment.

4.1. CANCELTION OF THE SWIM SCHOOL

If a lesson or the course must be canceled due to reasons beyond the control of Uimaseura Aquila, such as a pool malfunction or hygiene incident, Uimaseura Aquila is not obliged to refund the payment for the lesson or course.

If Uimaseura Aquila has to cancel the swim course, the full course payment will be refunded. If Uimaseura Aquila has to cancel the swim course after it has begun, the course payment will be refunded for the remaining lessons.

Enrollees will be informed of any cancelations as soon as possible via email.

5. Guidelines for swim school

The swim school begins with taking attendance outside and ends when children are returned to the same place. **A guardian has to be present during returns.** If a guardian is late, our personnel will stay and wait with the child for a guardian to arrive.

If the child can **independently** come and go from the lessons, fill in “kyllä” (yes) for “lupa itsenäiseen liikkumiseen” when enrolling. If you haven’t filled in “kyllä”, the child will wait for their guardian after swim school to ensure safety.

A swim schooler will need a **swimsuit, towel, a small sauna towel and personal hygiene products. Goggles and caps** are optional. We recommend tying longer hair up.

During the summers, the swim teacher is assisted by a swim assistant that looks after the children in the changing room and showers.

Swim schoolers go to a changing room as a group. The changing room depends on the gender of the swim assistant or swim teacher. A swim schooler can go to the other changing room independently. The swim assistant or teacher must be informed about this arrangement during the first lesson.

Uimaseura Aquila ry does not arrange an assistant to the other changing room.

The swim teacher or assistant goes to the sauna with the kid group. With other ability groups, they stay in the immediate vicinity of the sauna to supervise.

A guardian can go swimming during the lesson by buying a ticket at the cash register or using their own wristband-ticket. **A guardian can not enter the pool area without paying an entry fee** (a single ticket or own wristband-ticket).

We wish that children can learn without distractions – guardians that are present need to offer the children room to focus. **A guardian cannot stay in the pool with the child during the lesson.**

In course-based swim schools:

1) The first lesson – get-to-know lesson

- Arrive 10 minutes early
- **The length of the first lesson is 1 h**
- If you have a swim booklet from previous swim schools, hand it over to the teacher
- If the child can independently go to the other changing room, inform the swim assistant or teacher during the first lesson.

2) The last lesson – presentation lesson

- Guardians welcome!
- **The length of the first lesson is 1 h**
- Swim booklets are given after the lesson
- You can buy swim badges from the swimming teacher. Please bring cash just in case.
- **If you are unable to participate in the last lesson:** contact uimakoulut@uimaseura-aquila.fi

In one-time swim school lessons:

- **The length of the lesson is 1.5 h**
- If you have a swim booklet from previous swim schools, hand it over to the teacher
- The booklet is not included in the payment.

For further information, contact uimakoulut@uimaseura-aquila.fi



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Uimaseura Aquila ry reserves the right to make changes.